

Miso Honey Stir Fry

1 - 2 tbsp miso
1- 3 tbsp honey
3 - 5 tbsp rice wine vinegar
2 - 4 tbsp soy sauce
½ - 2 tsp siracha

All above ingredients must equal 10 tbsps

Then add:

1 clove garlic, minced
1 inch piece of ginger, finely grated
2 tbsp canola oil
1/2 cup vegetable stock
1 tsp cornstarch

Conversions:

3 tsp = 1 tbsp

4 tbsp = ¼ cup

16 tbsp = 1 cup

Sichuan Chili Stir Fry

1/2 – 1 1/2 tsp crushed Sichuan peppercorns

3 tbsp – 5 tbsp soy sauce

1/3 - 1/2 cup sherry

1/2 - 1 1/2 tbsp chile paste

All above ingredients should equal approx. 3/4 Cup

Then add:

2 tbsp canola oil

3 tbsp ginger, grated

1 1/2 tbsp garlic, finely minced

Conversions:

3 tsp = 1 tbsp

4 tbsp = 1/4 cup

16 tbsp = 1 cup

Phat Thai

- 1 – 1 1/2 tbsp preserved radish
- 1/2 - 2/3 cup tamarind water
- 1/4 - 1/3 cup fish sauce
- 2 – 4 tbsp palm sugar
- 1/2 - 1 tsp chile flakes

All above ingredients should equal approx. 1 cup

Then add:

3 tbsp canola oil

Conversions:

3 tsp = 1 tbsp

4 tbsp = 1/4 cup

16 tbsp = 1 cup